Chantal's Kitchen Delicious, fresh & elegant cuisine

# **Bowl Food**

Bowls are placed on trays and personally served by our waiting staff

#### Meat

Venison braised with beetroot and port, sweet potato mash Thai chicken green curry with jasmine rice 7-hour crispy pork belly with leeks, white beans and salsa verde Cumberland sausage with Puy lentils, roasted winter vegetables, onion gravy Slow cooked chicken, preserved lemon, herbed couscous with apricots and aubergine Italian pork, beef & oregano meatballs, tomato sauce, spaghetti (gluten free available)

### Fish

Steamed salt cod with romesco sauce and charred spring onion Coconut curry with tiger prawns & rice noodles Flash seared Scottish scallops with asparagus, broad bean and mint Fish and chips with mushy peas Smoked haddock, parsley & lemon fish cakes with fennel and fresh apple salad

### Vegetarian

Butternut squash & chickpea coconut curry with wild rice and green beans (v) Roasted vegetable tagine with chickpeas, jewelled couscous Lime risotto with rocket & freshly shaved parmesan Griddled asparagus & tenderstem broccoli with mint & lemon oil, shaved pecorino

### Salad bowls

Organic Norfolk free range chicken Caesar salad, quail eggs, anchovies Apple and fennel salad with Cumberland sausages Beetroot, red onion, chickpea and quinoa salad Smoked duck, cucumber ribbons, hoisin dressing Wild rice, feta and cranberries with lemon and coriander oil

# **Dessert bowls**

Raspberry and chocolate clafoutis with Christmas spiced infused pouring cream Rhubarb and ginger brulee Poached caramelised pear, chocolate rice pudding Sticky banana cake, honey-glazed bananas with rum and raison ice cream Chocolate mousse with melted marshmallows and crystallised hazelnuts Sticky date pudding with marm caramel sauce Bread and butter pudding with rich marmalade Apple and blackberry cinnamon crumble with custard Irish cream and chocolate cheesecake with fresh raspberries

### Bowls are £4.00 an item

Choose... up to 5 options to combine with canapés, depending on the length and style of your event. A classic combination for a substantial feed would be: 4 canapés a head 3 savoury bowls 1 sweet bowl Total per head = £24.00